



# Virginia Peninsula Regional Jail

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## **VPRJ ANNOUNCES START OF VIRTUAL RECOVERY PROGRAM**

Williamsburg, Virginia – Due to the COVID-19 Pandemic, the Virginia Peninsula Regional Jail (VPRJ) has been unable to offer on-site recovery programming since early April for our We Are In This Together (WAITT) program participants. That changed today when VPRJ kicked off a virtual WAITT program in partnership with REAL LIFE. This program will have module instruction provided by a DVD curriculum put together by REAL LIFE staff featuring individuals in recovery. Participants will then complete work books consisting of multiple choice questions and essay scenarios on their own time. Their progress will be monitored by VPRJ and REAL LIFE staff.

“We are very excited to offer this option to inmates who want to change and better themselves while they serve their sentences,” said Superintendent Colonel Roy Witham. “While we would prefer to have counselors and program personnel in person, a virtual program opportunity is better than no programming at all.”

REAL LIFE has partnered with VPRJ since March of 2019, providing a behavioral modification model to assist individuals in recovering from their addictions and addictive lifestyles. Individuals who successfully complete, or ‘graduate’ the class will be considered for placement in one of the REAL LIFE recovery homes, located in Richmond, Virginia.

